

1. General

1.1 The Kemensah Krazy is an outdoor trail race in a tropical rainforest setting.

1.1.1 The Kemensah Kiddos Krazy will cover 5 kilometers and will take place around Kampung Kemensah.

1.1.2 The Kemensah Kinda Krazy will cover 15 kilometers and will take place around Kampung Kemensah and Empangan Klang Gates.

1.1.3. The Kemensah Kracking Krazy will cover 30 kilometers and will take place around Kampung Kemensah and in the Gombak Forest Reserve.

1.1.4. The Kemensah Killer Krazy will cover 45 kilometers and will take place in Kemensah, the Gombak Forest Reserve and Gombak.

1.2 Age restrictions

1.2.1 For the Kemensah Kiddos Krazy the participant has to be at least 12 years old on the day of the event if not accompanied by an adult participant.

1.2.2 For the Kemensah Kinda Krazy the participant has to be at least 13 years old on the day of the event.

1.2.3 For the Kemensah Kracking Krazy the participant has to be at least 16 years old on the day of the event.

1.2.4 For the Kemensah Killer Krazy the participant has to be at least 18 years old on the day of the event.

1.2.5 Exemptions can be made by the organisers, will be considered on an individual basis and will be based on the hiking or trail running experience of the requestor. However the organisers reserve the right to approve or deny a request related to age without any further details or explanation.

1.3 Medical conditions and fitness level

1.3.1 As there is no compulsory medical check up, all participants should ensure themselves to be medically fit in order to participate for the Kemensah Krazy. However it is highly recommended to go for a full individual medical check up and/or consult a medical practitioner prior to registration and before the date of the event.

1.3.2 Runners suffering from any heart condition, diabetes, or any disease or disorder which can be aggravated by prolonged physical activity are advised not to participate in this event unless a medical doctor states otherwise.

1.3.3 Participants are expected to provide the organisers with correct and adequate information in order to avoid complications during the event and to ensure that proper medical care can be provided in case of an emergency.

1.3.4 This event requires a serious fitness level. Don't overestimate yourself and don't underestimate the difficulty of the event.

1.3.5 The organisers reserve the right to approve or deny a request to participate on medical grounds or fitness level without any further details or explanation.

2. Pre-race

2.1 Registration

2.1.1 Participants have to make an online booking by clicking on the Registration web page.

2.1.2 Participants have to provide all information requested during the registration failing upon which the participant will not be registered.

2.1.3 Full payment of the participation fee has to be done online upon registration, failing upon which the participant will not be registered.

2.1.4 Only full payment will entitle participation. Partial payments will be refunded minus an administration fee of RM50.00

2.1.5 By submitting the online registration form the participant accepts the risks associated with this event and also accepts that medical response to an emergency might be slow due to the difficult terrain and remote location.

2.1.6 The organisers reserve the right to refuse a participant's registration without any further details or explanation.

2.1.7 The event's registration will be confirmed via a confirmation e-mail. If the participant does not receive such e-mail within 24 hours, the participant has to report this issue to the organisers within five working days after the registration and payment have been made.

2.2 Race Pack

2.2.1 Participants, as well Malaysians as non-Malaysians, who reside in Malaysia can collect their Race Pack (RP) at the place and date as timely informed by the organisers.

2.2.2 Participants, as well Malaysians as non-Malaysians, who reside in Malaysia can opt during registration to receive their Race Pack (RP) via courier as an optional service. The Race Pack (RP) will be sent out to the address mentioned in the shipping address of the online booking. If the participant fails to mention or update the correct address by informing the organisers via e-mail, the participant will be solely responsible for the loss of the Race Pack (RP).

2.2.3 Participants who are not residing in Malaysia have to collect their Race Pack (RP) on race day itself. They can however collect their race packs on the eve of the event provided that collection arrangements have been made.

2.2.4 The organisers will not extend the timing for the collection of the Race Packs.

2.2.5 It is the individual responsibility of participants to ensure they arrive at the Race Pack Collection Centre before collection of the Race Packs closes. The organisers are not responsible for any travel issues or delays.

2.2.6 The Race Pack contains the participant's BIB label, luggage label, drop bag label (45 km Killer Krazy only), participant's T-shirt and Race Booklet.

2.2.7 The confirmation e-mail which the participant has received contains a QR code. This QR code will be essential to collect the Race Pack. Participants will have to show the QR code, either in hard or soft copy. The QR code is not required for participants who opted for courier dispatch of the Race Pack.

2.2.8 Race Packs can be collected by third parties provided they can produce a hard copy of the list of the names and BIB numbers of the participants on whose behalf they want to collect. Otherwise no Race Packs will be handed over.

2.3 Withdrawal

2.3.1 Participants are prohibited from swapping, selling or transferring BIBs to another person without the express permission of the organisers.

2.3.2 Transfer of BIBs are accepted up to 30 days before the event upon approval by the organisers and payment of an administration fee of RM50.00 by the person who withdraws..

2.3.3 This is a no-refund event for withdrawals regardless of circumstances.

3. Race

3.1 Luggage

3.1.1 Every participant in the 45 km Killer Krazy event can deposit one drop bag which will be transferred to the Turnaround Point on the course. The drop bag will be transferred back to the Finish after the participant had access to it.

3.1.2 The drop bag has to be deposited in the Meetup Point on race day before the start of the race.

3.1.3 Every participant can deposit one piece of luggage in the Luggage Counter before the race.

3.1.4 The organisers reserve the right to check any item or baggage deposited.

3.2 Mandatory kit

3.2.1 All participants of the 45, 30 and 15 km categories need to be in the possession of the following mandatory items: your BIB, a whistle, a first aid kit, an emergency blanket, a mobile phone, a water bottle or hydration bladder and a raincoat or poncho. A headlamp is strongly advised, especially for the 45 km Killer Krazy participants.

3.2.2 All participants for the 5 km category are advised to be in the possession of at least the following items: your BIB, a whistle, a water bottle or hydration bladder and a raincoat or poncho.

3.2.3 BIB

3.2.3.1 The BIB number must be displayed and visible at all times on the front of the competitors vest/shirt during the event, failing upon which a participant will be disqualified or not even allowed to start.

3.2.3.2. Passing on a BIB to any other person before or during the race will lead to immediate disqualification.

3.2.4 Whistle

3.2.4.1 The whistle has to be attached to a lanyard and be easily reachable. It can be worn around the neck or attached to a waist belt or any other piece of clothing. The whistle cannot be placed inside the backpack.

3.2.4.2 A universally-recognised distress code is three equal blasts on the whistle, to be repeated until others hear it and respond with two blasts of recognition.

3.2.5 First aid kit

3.2.5.1 Participants need to bring a first aid kit along with the following minimum content: antiseptic cream or lotion, plasters (ordinary and butterfly), anti-histamine tablets.

3.2.6 Mobile phone

3.2.6.1 Participants have to store the organisers' emergency numbers in their phone before the race starts.

3.2.6.2 Participants have to install a GPS location app if their phone can run such app.

3.2.6.3 Communication with the organisers on race day should primarily be via sms.

3.2.7 Water bottle or hydration bladder

3.2.7.1 Participants are required to be self sufficient, with water stations set up to cater for re-filling of hydration packs or bottles along the entire race course. There will be NO supply of bottles nor cups.

3.2.7.2 Participants are strongly advised not to drink any untreated water from the mountain streams.

3.2.8 Participants who fail to have all mandatory items in their possession will not be allowed to start.

3.2.9 At any time during the race, at any place on the trail, marshals have the right to check the mandatory items of the participants. Marshals are entitled to give a warning (Yellow Card) which will be registered. Any violation for any other upcoming event will lead to disqualification.

3.3 Race day registration.

3.3.1 Participants have to register in person, with their BIB label in place, before the start of the event in the Meetup Point.

3.3.2 Participants have to pass a random mandatory items check before the start.

3.3.3 Participants have their QR code scanned before the start.

3.3.4 Participants will have their race card punched before the start.

3.3.5 Participants will have to sign the disclaimer before the start.

3.3.6 Participants who fail to pass all the aforementioned registration processes in the Meetup Point between 05:00am and 08:00am will either not be allowed to start or will be considered as not participating in the event.

3.3.7 The organisers will not extend the timing for the registration processes.

3.3.8 It is the individual responsibility of participants to ensure they arrive in Kampung Kemensah before registration closes. The organisers are not responsible for any travel issues or delays.

3.4 Transport

3.4.1 In case of withdrawal during the race at the Turnaround Point (TP) in Gombak, participants of the 45 km Killer Krazy event will be transferred to the Meeting Point as and when it is possible to do so. Some patience from the participants may be required as transport might not have regular intervals. Participants will have to pay a RM50.00 transportation fee.

3.4.2 The provisions of article 3.4.1. also apply to participants who fail to reach the Turnaround Point (TP) in Gombak before the mandatory cut-off time.

3.5 Time registration

3.5.1 Participants have to start at the starting time of their respective category.

3.5.1.1 The start of the 45 km Killer Krazy is at 07:00am.

3.5.1.2 The start of the 30 km Kracking Krazy is at 07:15am.

3.5.1.3 The start of the 15 km Kinda Krazy is at 07:30am.

3.5.1.4 The start of the 5 km Kiddos Krazy is at 08:00am.

3.5.2 Participants' individual time will be registered at the Start and Finish. Intermediate time registration at the checkpoints is optional and is mainly for safety reasons.

3.5.3 The timing will not be paused for any reason. The timing will stop as soon as the participant reaches the Finish or abandons the race. For the latter the total distance covered and the registered time at the last visited checkpoint will be taken in consideration.

3.5.4 The participant who covers the entire distance in the smallest amount of time will be the winner provided that there are no grounds for disqualification.

3.5.5 There will be no winners for the Kemensah Kiddos Krazy event.

3.6 Checkpoints

3.6.1 Marshals will register the passing of participants who present themselves at the checkpoints.

3.6.2 There might be mobile checkpoints along the track at undisclosed locations.

3.6.3 Active registration is required. Participants have to make themselves noticed.

3.6.4 Registration at all the checkpoints is compulsory, failing upon which a participant will be disqualified.

3.6.5 Only the checkpoint at the Turnaround Point in Gombak has a cut-off time. Participants of the 45 km Killer Krazy who fail to reach that particular checkpoint before 01:30pm will not be allowed to continue the race and have to hand over their BIB to the marshals.

3.6.6 Participants are urged to finish their race within the advised time frames.

3.6.6.1 The advised time frame for the 45 km event is 11 hours and participants should reach the finish line before 06:00pm.

3.6.6.2 The advised time frame for the 30 km event is 9 hours and participants should reach the finish line before 03:15pm.

3.6.6.3 The advised time frame for the 15 km event is 5 hours and participants should reach the finish line before 12:30pm.

3.6.6.4 The advised time frame for the 5 km event is 3 hours and participants should reach the finish line before 11:00am.

3.6.7 Although participants will be allowed to continue their race, even after the advised finishing time, the checkpoints will be closed at the following times:

Checkpoint 8 - Half-way point Gombak: 02:30pm

Checkpoint 9 – Junction 30/45: 04:00pm

Checkpoint 10 – Junction Kemensah: 07:00pm

3.6.8 The organisers reserve the right to modify the race cut-off times if necessary if safety becomes an issue before or during the event.

3.7 Conduct

3.7.1 Common sense and sensible action is needed throughout the event. Don't put yourself or your life at risk.

3.7.2 Follow the instructions of the race directors and marshals at any time.

3.7.3 Participants are responsible for their own safety. Practice a safety first attitude at all times.

3.7.4 Respect the faster pace of other participants and let them pass as and when they request.

3.7.5 Compete in a fair and sensible manner without resorting to any form of cheating or going against the spirit of the event.

3.7.6 Displacing or removing any markings along the track will be considered as cheating.

3.7.7 Participants caught cheating will be disqualified immediately and exposed in public. The organisers adhere a zero-tolerance policy with regard to cheating.

3.8 Race tokens

3.8.1 Medals

3.8.1.1 All participants who successfully completed the event will be awarded a finisher's medal upon presentation of their BIB number to the respective officials at the medal collection counter. This entitlement shall not apply to participants who are unable to complete their

respective races for whatever reason.

3.8.1.2 All finisher's medals must be collected on the event day. No requests thereafter will be entertained and the relevant participant shall be deemed to have waived and relinquished his/her right to claim the finisher's medal.

3.8.2 Certificate

3.8.2.1 All participants who successfully completed the event will be awarded a Certificate of Completion upon presentation of their BIB number to the respective officials at the medal collection counter.

3.8.2.2 All certificates must be collected on the event day. No requests thereafter will be entertained and the relevant participant shall be deemed to have waived and relinquished his/her right to claim a hard copy of the certificate.

3.8.2.3 Participants who do not collect their certificate on the event day will be forwarded an electronic certificate within fourteen days after the event.

3.8.3 Finisher's T-shirt

3.8.3.1 All participants who successfully completed the event will be awarded a finisher's T-shirt upon presentation of their BIB number to the respective officials at the medal collection counter.

3.8.3.2 All T-shirts must be collected on the event day. No requests thereafter will be entertained and the relevant participant shall be deemed to have waived and relinquished his/her right to claim a finisher's T-shirt.

3.8.3.3 There will be no finisher's T-shirt for the 5 km Kiddos Krazy participants who finish the race.

4 Organisers and organisers' rights

4.1 By virtue of being the event owner, the organisers may use services of third parties.

4.2 The race is organised by a team of race directors. Participants agree to abide by any adjudication by the race directors, which will be final.

4.3 The Start, Checkpoints and Finish will be manned with marshals. Participants agree to follow at all time all the instructions given by the marshals.

4.4 The organisers reserve the right to refuse a participant's attendance at, or participation in, the event if they have doubts as to the participant's ability to complete the race or the level of fitness of a participant.

4.5 The organisers reserve the right at their sole and absolute discretion to change the scheduled date of the event, alter the announced course or the content of the event programme as deemed necessary at any time.

4.6 The organisers reserve the right to cancel the event at their sole and absolute discretion in case of adverse weather conditions.

4.7 All content of the Kemensah Krazy website and Facebook page is the property of Asian Trail Explorers or its content suppliers and is protected by Malaysian and international copyright laws.

4.8 The organisers reserve the right to use any photographs, image, motion pictures, recordings, and/or any other media records of the event (including those of the participant and of his/her name and other information without any compensation or payment or any prior notice), for any legitimate purpose including commercial advertising and distribution by the organisers in any form of media or medium and for such duration as the organisers deem fit whether within Malaysia or elsewhere.

4.9 You may not use any Kemensah Krazy or ATE logos or any other written or proprietary graphic material or trademark whatsoever without the express written permission of Asian Trail Explorers.

4.10 The organisers reserve the right to modify or substitute any of these terms and conditions or any other rules and regulations of the event from time to time and at any time as they deem fit. If there is ambiguity in any of the provisions of these terms, the organisers shall be the authority to interpret and in so doing, the organisers will take into account the interests of all affected participants. The decision of the organisers shall be final and binding. Any update, modification or changes on the terms and conditions or any other rules and regulations of the event will be notified on the official website and (unless otherwise stated) takes effect from the date of notification on the official website.

4.11 The organisers communicate with the participants primarily via e-mail. Any e-mail sent to participant's e-mail account on record shall be deemed as received by the participant.

5. Indemnity and disclaimer

5.1 The completion and the submission of the online registration form confirm the participant's agreement to abide by all of the terms, conditions, rules and regulations of the organisers.

5.2 Whilst every reasonable precaution will be taken by the organisers to ensure the participants' safety, every participant participates in the event at their own risk.

5.3 The participants agree that the organisers and sponsors will in no way be held responsible for any injury or death, damage or loss of property, whether personal or otherwise, suffered or caused, howsoever arising from training for, during participation, or after participation in the event.

5.4 The participants exonerate the organisers, and any other participants, from any liabilities, claims, including but not limited to liabilities and claims as a result of any injuries or deaths or damages arising thereof.

5.5 The organisers will accept no liability in respect of any costs and expenses participants may incur as a result of cancellation or delay

of the event and the race fee remains non-refundable. However the organisers will do what is within their means to inform the participants in advance of any cancellation or expected delays.

5.6 If the participant is absent at a specified meeting point on the agreed date and time, the organisers shall neither wait nor are required to wait for the participant.

5.7 It is the foreign participant's onus to find out and fulfil, in a timely manner, the Malaysian immigration requirements with regard to his/her own nationality - i.e. visas, permits etc. In the absence of essential documentation, the organisers shall not be liable for the consequences of incomplete trip formalities.

5.8 Participants understand and agree that during the race certain events may occur, including, but not limited to, accident or illness, and the forces of nature. Participants agree to assume all risks associated with the race and undertake to indemnify the organisers against all claims arising from their participation.

6. Disputes

6.1 All complaints and disputes have to be filed via e-mail. Any complaints filed via alternative methods will either be ignored or deleted.

6.2 All complaints and disputes have to be filed within 48 hours of the end of the event for the respective category. No disputes or complaints will be entertained thereafter.

6.3 The organisers will not entertain nor be in any way responsible for any disputes arising from incomplete or inaccurate entry details in the registration forms.